

# FACT SHEET



## PANCHAKARMA CENTER NAME

Oneworld Ayurveda Ubud

## PANCHAKARMA CENTER ADDRESS

Jl. Suweta, Br. Sambahan, Ubud – Bali, Indonesia 80561

Tel.: +62 361 980970

## HEAD OFFICE

Jl. Bypass Ngurah Rai, 101 Sanur – Bali

Indonesia 80227

## WEBSITE

[www.oneworldayurveda.com](http://www.oneworldayurveda.com)

## RESERVATION

Tel./WhatsApp: +62 8113 922 333

Email: [reservation@oneworldayurveda.com](mailto:reservation@oneworldayurveda.com)

## MEDIA CONTACT

June Lia - Marketing Manager

Email: [marketing@oneworldayurveda.com](mailto:marketing@oneworldayurveda.com)

## GENERAL DESCRIPTION

Oneworld Ayurveda is dedicated to authentic Panchakarma, the ultimate and most effective healing experience in the science of Ayurveda. Run by professionals with a loving and caring team, we provide each guest with a memorable healing experience. We offer 7/10/14/21/28-day Panchakarma programs, tailored to each person's Dosha imbalances and health concerns. Our prices are all-inclusive of transportation from/to the airport/South Bali, accommodation, meals, treatments, initial diagnosis, daily doctor consultations, medicines, cultural activities, yoga, meditation, chanting, herbal walks, and more.

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## LOCATION

Oneworld Ayurveda Ubud is nestled in the hills of Ubud, Bali—1.5 km away from the hustle and bustle of the village center. This Panchakarma center is peaceful and serene, bordered by a small creek to the west and surrounded by jungle and rice fields. And it is probably the only center in the world with a palace in its backyard!

## ACCOMMODATION

The retreat provides 12 comfortable and spacious rooms with lush views of rice fields and the jungle. Each room has a private terrace or balcony, and is equipped with:

- Air conditioner
- IDD telephone
- Shower
- Hair dryer
- Safe deposit box
- Drinking water
- Shower gel, shampoo, hair conditioner
- Private terrace/balcony with dining table and easy chairs overlooking the rice fields or jungle garden
- Tunika, pants, bathrobe, sarong, and flip-flops to wear during Panchakarma
- Ironing facilities (on request)

## FACILITIES

- Ayurvedic treatment center
- Dining room overlooking the rice fields
- Wooden floor Yoga/Workshop/Event pavilion
- Permaculture gardens for growing plants & herbs used for our treatments
- Retail shop—home to Oneworld's collection and other curated lines
- Swimming pool

## SERVICES

- Resident Ayurvedic physicians
- Doctor consultations
- Wide range of Ayurvedic treatments
- Well-trained team of therapists
- Pure Ayurvedic food

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- Complimentary Ayurvedic tea available at all times
- Daily yoga and meditation
- Agnihotra purification ritual
- Herbal walks
- Guided rice field walks
- Guest speakers
- Cooking demonstrations
- Laundry service
- Room service